

# ASSISTANT COACH

## RESPONSIBILITIES



### Planning

- Provide the head coach with the support in all aspects of the team's performance (on and off the field)
- Assist the head coach in planning camp schedule
- Assist the head coach in producing detailed training sessions, content for team meetings, and team building activities
- In partnership with the head coach and performance staff, establish clear team performance goals (leadership, player skill, athlete management, systems and data) for the camp
- In partnership with the head coach and performance staff, establish clear player and staff engagement goals in line with the 4 Cs of Coaching (Connection, Competence, Confidence, Character) and outline the processes to be followed to ensure these goals are achieved
- Assist in developing a game plan suitable for the players and the match
- Attend all team meetings, QRL meetings and other meetings as they are identified

### In-camp

- Support the delivery of all camps
- Support the needs of the players and team staff
- Assist the head coach in the delivery of technical and tactical aspects of the team preparation
- Ensure all training sessions are delivered with the game plan at front of mind and to develop the players' skills and understanding
- Ensure all camp sessions help players develop the physical capabilities required and have them optimally prepared to meet the expected demands of the match
- Assist with player development – develop and communicate clear and specific goals for the team and individual players throughout camps
- Understand and deliver game day role, whether it be in coaches box, on the bench or as a message runner
- Assist in the game day strategy where required
- Assist as other members of the team staff in the running of camp activities and setup as required

- Contribute as appropriate in the selection process
- Be a positive role model in personal management, appearance, culture and behaviour
- Act in a manner befitting of the Maroons values and culture and The Queensland Way

## **Post-Camp**

- Contribute in evaluation process to ensure continuous improvement is always sought